

Enjoy Dancing



Wednesdays 7.30 – 9 pm October 17, 24, 31

Join our drop-in classes for dancing contact improvisation – suitable for beginners and experienced dancers at the University Club, 11 Mansfield Road, Oxford, OX1 3SZ.

Contact improvisation is a dance which originated in the 1970's and which has now spread throughout the world. It's often taught in university dance courses but it's easy to learn and fun. It's an improvised dance – a dialogue in movement – which has a fluid and dynamic form. Please wear loose clothing and bring a water bottle. £10/£8 concessions for 1½ hour session.

Oxford Contact Dance

www.contactdance.org